

Monday, February 5, 2007

Meet History Channel's Very Own Indiana Jones!

by G.J. Donnelly

Josh Bernstein, *Digging for the Truth*

Tonight, fearless [Josh Bernstein](#) goes [Digging for the Truth](#) (9 pm/ET, History Channel) behind the unsolved death of Egypt's youthful King Tutankhamun. We spoke with the survival instructor about that and other mysteries....



TV Guide: Your show is the History Channel's highest-rated original series. Is it the adventure, your good looks, what?

Josh Bernstein: [*Laughs*] I think it's a combination of things. One is the cinematography. The fact that it is shot in high-definition makes it look just so stunning. Second, the archaeological mysteries — hopefully they're compelling. And third, I think, is the adrenaline component... the diving, the exploring, the going to extremes to bring these mysteries to life.

TV Guide: What do you keep in your satchel?

Bernstein: That is the one mystery of the show that I refuse to solve. [*Laughs*]

TV Guide: You examine King Tut tonight.

Bernstein: It should be a fun show because of the exploration of how he died, which is a debate of the archaeological world. Although he died as a boy and his kingship was not significant, I think the fascination with him and the timing of his tour — which is currently going around the U.S. — [*makes*] it very worthwhile.

TV Guide: What has been your most arduous exploration?

Bernstein: “The Lost City of the Amazon” was probably the toughest because we flew into a deep part of Brazil. We had to sleep in this village without any modern conveniences. I think it's between sleeping in the chief's hut for five days, or hiking across the glacier in the Alps in Season 1.

TV Guide: How do you keep your socks and undies clean in such remote places?

Bernstein: I never said I was clean. [*Laughs*] I do my best. In the case of the jungle, I bring a bar of soap and a bucket of water.